

MNCHP Network Bulletin



*best start
meilleur départ*

by/par health **nexus** santé

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I. NEWS & VIEWS

CANADA

1. LATEST PRODUCT RECALLS

(also available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Children's Size Ironing Board: Surface paint contains barium.
- Halloween Costume Capelet with Marabou Trim: Marabou trim on the Halloween costume does not meet the requirements for textile flammability under Canadian law.
- Eva Foam Puzzle Mats with Numbers or Letters: Puzzle sets can break into small parts, posing a choking hazard to young children under 3 years of age.
- Yo-yo Type Balls: Life-Like Punch Ball Critter™, Life-Like Wildin' Out Punch Ball™, Googly® Punch Balls™, and Googly® Tails™, by Imperial Toy: Yo-yo type balls and similar products are banned in Canada because they present a hidden risk of strangulation to children.

English: http://healthycanadians.gc.ca/pr-rp/pr-rp_e.php

French: http://healthycanadians.gc.ca/pr-rp/pr-rp_f.php

2. PANEL SEEKS MEASURES TO COMBAT FETAL ALCOHOL SPECTRUM DISORDER (FASD)

This article (Picard, 2009, October 11) reports on a panel that is advocating that Canada implement a set of measures for combating Fetal Alcohol Spectrum Disorder (FASD). The recommendations were developed after deliberations at the Institute of Health Economics' "Consensus Development Conference on FASD: Across the Lifespan" held in October. Anne McLellan, the former Federal Health Minister who headed the panel explains: "It's time for a national agenda integrating research done and lessons learned... The agenda must increase awareness of FASD and promote the development of effective prevention and treatment programs, as well as family support systems. The time for action is now" (Picard, 2009, October 11).

News: <http://www.theglobeandmail.com/news/national/panel-seeks-measures-to-combat-fetal-alcohol-disorder/article1320496/>

Consensus statement and recommendations:

http://www.ihe.ca/documents/FASD_Statement_FinalRevisions4_0.pdf

3. TESTING FOR CHILD CAR SEATS

(also available in French)

Canada's Transport Minister John Baird (2009, October 10) proposed new amendments to the "Motor Vehicle Restraint Systems and Booster Cushions Safety Regulations" including a new testing procedure requiring child seats to be tested with a three-point lap/shoulder belt.

English: <http://news.gc.ca/web/article-eng.do?m=/index&nid=488669>

French: <http://nouvelles.gc.ca/web/article-fra.do?m=/index&nid=488669>

4. LANGUAGE TRAINING VOUCHERS FOR NEWCOMERS

(also available in French)

Citizenship, Immigration, and Multiculturalism Minister Jason Kenney announced (2009, October 16) that beginning this fall new immigrants will receive "Language Training Vouchers" as part of a pilot project to encourage newcomers to participate in settlement programs. Currently newcomers who are permanent

residents and need official language training access free training from local settlement service providers. Under the pilot project, 2,000 randomly-chosen newcomers in Ontario, Nova Scotia, and Alberta will be mailed the vouchers. They can take them to any settlements service provider of their choice to obtain training based on their needs. The objective of the pilot project is to encourage newcomers to access the programs offered by Citizenship and Immigration Canada.

English: <http://news.gc.ca/web/article-eng.do?m=/index&nid=490229>

French: <http://nouvelles.gc.ca/web/article-fra.do?m=/index&nid=490229>

RECENT NEWS ON H1N1

5. PREGNANT ONTARIO WOMEN FACE H1N1 VACCINE DELAY

Dr. Arlene King, Ontario's Chief Medical Officer of Health, said that an H1N1 vaccine tailored for pregnant women will not arrive in Ontario until after the shot for the general population is made available. According to this report (CBC News, 2009, October 16), "Canada has purchased thousands of doses of H1N1 vaccine that lacks a chemical booster called an adjuvant, because there is limited data on the safety of the substance in pregnant women. Adjuvant is used to stretch a vaccine's active ingredient and boost immune response to the serum". These adjuvant-free vaccines would only arrive the week of November 7th, which is later than the adjuvanted vaccines expected to roll out at the beginning of November.

<http://www.cbc.ca/canada/toronto/story/2009/10/16/ontario-pregnant-women-vaccine496.html?ref=rss>

6. H1N1 FLU VIRUS AND MARKETING OF PRODUCTS

Since there is increasing news about H1N1, there have been a number of new products marketed on the topic. For example, Feschuk (2009) reports that "the fight against flu is going upmarket" as an Australian company launches a high-end hand sanitizer that is a 'luxury' anti-flu product. Labeesa Kids has developed kids' wear with messages such as "STOP: Mommy says please wash your hands". Service providers may receive questions from parents due to the variety of products available.

Hand sanitizer news story: <http://www.healthzone.ca/health/newsfeatures/swineflu/article/705356--fight-swine-flu-while-smelling-your-best>

Kids' wear: <http://www.labeesakids.com/>

INTERNATIONAL

7. DEBATE OVER BREASTFEEDING DOLL

This article (Cox & Blanco, 2009, August 7) summarizes the debate over a new doll that breastfeeds. The doll, currently sold in Spain and to be marketed in the United States next year, allows children to imitate the act of breastfeeding by using a special halter top that comes with the toy. The halter top has two flowers positioned where nipples would be and when the mouth of the doll is brought close to a sensor embedded in the flower, the baby makes motions and sounds consistent with suckling. There is disagreement among mothers and experts about the doll.

<http://abcnews.go.com/Health/Parenting/story?id=8271555&page=1>

II. RECENT REPORTS AND RESEARCH RESULTS

CANADA

8. STUDY: FAMILY VIOLENCE AND SHELTERS FOR ABUSED WOMEN

(also available in French)

Statistics Canada (2009, October 15) 2007 released a study about family violence in Canada. The data revealed that family violence accounted for 23% of all police-reported violent crime in Canada in 2007. A total of 75,800 incidents of family violence were reported to police, and about 40,200 (53%) of these were violent incidents perpetrated by a current or former spouse or common-law partner. As in previous years, women continued to represent the vast majority (83%) of victims of reported spousal violence. Spousal violence was more likely to occur between current spouses or partners than between former spouses or partners (Statistics Canada, 2009, October 15). A total of 569 shelters across Canada provided residential services to women and children escaping abusive situations in 2008.

English: <http://www.statcan.gc.ca/daily-quotidien/091015/dq091015b-eng.htm>

French: <http://www.statcan.gc.ca/daily-quotidien/091015/dq091015b-fra.htm>

INTERNATIONAL

9. EFFECTS OF NATURAL CHILDBIRTH PREPARATION VERSUS STANDARD ANTENATAL EDUCATION ON EPIDURAL RATES, EXPERIENCE OF CHILDBIRTH, AND PARENTAL STRESS IN MOTHERS AND FATHERS

This study (Bergstrom, Kieler, & Waldenstrom, 2009) examined the effects of antenatal education focusing on natural childbirth preparation versus standard antenatal education on the use of epidurals, experience of childbirth, and parental stress in first-time mothers and fathers. A total of 1087 women and 1064 of their partners participated in the study and were randomly assigned to one of two groups. The natural group received antenatal education focussing on natural childbirth preparation with training in breathing and relaxation techniques while the standard care group's education focused on both childbirth and parenthood without the training in breathing and relaxation. The findings indicate that the epidural rate was 52% in both groups and there were no statistically significant differences in the experience of childbirth or parental stress between the groups of women or men.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/19538406>

III. CURRENT INITIATIVES

10. UNIVERSAL CHILDREN'S DAY: NOVEMBER 20

(also available in French)

The UN General Assembly recommended that all countries choose a day to promote children's welfare after the UN Convention on the Rights of the Child was adopted in 1989. The Government of Canada designed November 20th as National Child Day in commemoration of the day on which both the Declaration on the Rights of the Child (1959) and the Convention on the Rights of the Child (1989) were adopted. A key objective of Universal Children's Day is to increase awareness of the Convention on the Rights of the Child (UNA-Canada, 2002).

English: http://www.unac.org/en/news_events/un_days/children1.asp

French: http://www.unac.org/fr/news_events/un_days/children1.asp

11. QUEBEC CAMPAIGN ON THE IMPORTANCE OF EARLY CHILDHOOD: BIEN GRANDIR

(available in French)

In collaboration with many partners, La Fondation Lucie et André Chagnon launched a campaign that aims to increase the public about the importance of early childhood for the development and future of children. The campaign information is available in French.

<http://www.biengrandir.com/>

IV. UPCOMING EVENTS

This section lists events that have not been included in earlier editions of the MNCHP bulletin or listserv postings. For the details of these events and a complete list of events noted in previous MNCHP bulletins and postings, including contact information, links to organizations, and descriptions, see <http://www.beststart.org/events/otherevents.php>

ONLINE

12. GETTING LOST IN THE EVIDENCE?

November 20, 2009: Online

Hosted by: CHNET-Works in partnership with the Ontario Public Health Association

http://www.chnet-works.ca/index.php?option=com_attend_events&task=view&id=82&Itemid=56

13. PUBLIC HEALTH HUMAN RESOURCES: THERE AREN'T ENOUGH SO WHY ISN'T ANYONE PAYING ATTENTION

Hosted by: CHNET-Works in partnership with the Ontario Public Health Association

Presented by: Dr. Ivy Bourgeault, Population Health Improvement Network, University of Ottawa

http://www.chnet-works.ca/index.php?option=com_attend_events&task=view&id=82&Itemid=56

ONTARIO

14. WOMEN: MENTAL HEALTH AND ADDICTIONS; MAKING EVERY DOOR THE RIGHT DOOR!

November 4, 2009: Waterloo, ON

Hosted by: Echo Improving Women's Health in Ontario

To register, or if you have any questions about this consultation, please contact Kim Cox, Social Planning Council Kitchener-Waterloo at 519-579-1096 ext 3005 or email kim@waterlooregion.org

<mailto:kim@waterlooregion.org>

15. ONTARIO NONPROFIT NETWORK (ONN) CROSS-SECTORAL NETWORK MEETING

December 9, 2009: Toronto, ON

Hosted by: ONN

<http://networkingonn.eventbrite.com>

CANADA

16. ACTION TOWARDS REDUCING HEALTH INEQUITIES

November 23-24, 2009: Vancouver, BC

Hosted by: Public Health Association of British Columbia

<http://www.phabc.org/modules.php?name=Conference>

V. RESOURCES

17. SHARING A BED WITH YOUR BABY LEAFLET

(also available in French, Portuguese, Spanish, and Japanese)

This (UNICEF UK Baby Friendly Initiative, 2009) leaflet includes information about the benefits and risks of bed sharing so that parents make informed decisions.

English: <http://www.babyfriendly.org.uk/pdfs/sharingbedleaflet.pdf>
 French: http://www.babyfriendly.org.uk/pdfs/french/sharingbedleaflet_french.pdf
 Portuguese, Spanish, and Japanese (scroll to bottom of the page):
<http://www.babyfriendly.org.uk/page.asp?page=115&category=3>

18. BABIES SHARING THEIR MOTHERS' BED WHILE IN HOSPITAL: A SAMPLE POLICY

The UNICEF UK Baby Friendly Initiative (2009) developed a sample bed-sharing policy for hospitals designed to promote safety while protecting breastfeeding.
<http://www.babyfriendly.org.uk/pdfs/bedsharingpolicy.pdf>

19. NEW OR UPDATED RESOURCES ON H1N1 FLU VIRUS

(also available in French)

- **Information for Health Professionals – Guidance** (2009, October 7)
 English: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/guidance_lignesdirectrices-eng.php
 French: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/guidance_lignesdirectrices-fra.php
- **Information for Pregnant and Breastfeeding Women** (2009, September 15)
 English: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/pregnancy_enceintes-eng.php
 French: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/pregnancy_enceintes-fra.php
- **Information for Families and Caregivers** (2009, September 15)
 English: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/families_familles-eng.php
 French: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/families_familles-fra.php
- **Information for Seniors and Caregivers** (2009, October 20)
 English: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/seniors-aines-eng.php>
 French: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/seniors-aines-fra.php>
- **Information for People with Chronic Health Conditions** (2009, October 10)
 English: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/chron-eng.php>
 French: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/chron-fra.php>
- **Information for First Nations, Inuit, and Métis** (2009, September 15)
 English: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/firstnations-inuits-eng.php>
 French: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/firstnations-inuits-fra.php>
- **Information for Remote/Isolated Communities** (2009, October 14)
 English: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/remote_eloignees-eng.php
 French: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/remote_eloignees-fra.php
- **H1N1 Flu Vaccine Information** (2009, October 20)
 English: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/vaccine_vaccin-eng.php
 French: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/vaccine_vaccin-fra.php
- **Key Facts on H1N1 Flu Virus** (2009, September 16)
 English: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/fs-fr_h1n1-eng.php
 French: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/fs-fr_h1n1-fra.php
- **Use of Antivirals** (2009, September 18)
 English: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/antiviral-antiviraux-eng.php>

- French: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/antiviral-antiviraux-fra.php>
- **Pandemic Plan – Key Elements** (2009, September 15)
English: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/pan_plan-eng.php
French: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/pan_plan-fra.php
 - **Frequently Asked Questions – H1N1 Flu Virus** (2009, October 20)
English: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/faq_rg_h1n1-eng.php
French: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/faq_rg_h1n1-fra.php
 - **Backgrounder: Vaccine Myths** (2009, October 13)
English: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/vacc/myth-mythe-eng.php>
French: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/vacc/myth-mythe-fra.php>
 - **Your H1N1 Preparedness Guide** (2009, October 13)
English: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/guide/index-eng.php>
French: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/guide/index-fra.php>
 - **Hand Washing Techniques** (2009, October 7)
English: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/public/handtech-eng.php>
French: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/public/handtech-fra.php>
 - **Taking Care of a Sick Person** (2009, May 3)
English: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/guidance-orientation-05-03-eng.php>
French: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/guidance-orientation-05-03-fra.php>
 - **Use of Masks** (2009, May 2)
English: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/info-mask-masque-eng.php>
French: <http://www.phac-aspc.gc.ca/alert-alerte/h1n1/info-mask-masque-fra.php>
 - **Counterfeit and Unapproved H1N1 Products** (2009, May 3)
English: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2009/2009_65-eng.php
French: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2009/2009_65-fra.php
 - **Information for Businesses** (2009, September 15)
English: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/businesses_entreprise-eng.php
French: http://www.phac-aspc.gc.ca/alert-alerte/h1n1/businesses_entreprise-fra.php

VI. FEATURED BEST START RESOURCES

A new Statistics Canada (2009, October 15) study about family violence reveals that family violence accounted for 23% of all police-reported violent crime in Canada in 2007 (see “Recent Reports and Research Studies” section). The following resources about abuse and pregnancy may be useful for service providers.

20. YOU AND YOUR BABY...

(also available in multiple languages)

This resource (2008) was produced by the Perinatal Partnership Program of Eastern and Southeastern Ontario with the support of Best Start Resource Centre. These printer-ready handouts on abuse and

pregnancy are available in English, French, Arabic, Punjabi, Traditional Chinese, Simplified Chinese, Somali, Spanish, Cree - N Dialect, and Severn Ojibwe.

English: <http://www.beststart.org/resources/anti-violence/index.html>

French: <http://www.meilleurdepart.org/resources/violence/index.html>

21. YOU AND YOUR BABY DESERVE TO BE SAFE: BROCHURE

(also available in French)

This wallet sized fold-out brochure for women (2006) provides a self-assessment questionnaire and strategies (including contact information) for seeking and getting help.

English: <http://www.beststart.org/resources/anti-violence/index.html>

French: <http://www.meilleurdepart.org/resources/violence/index.html>

22. ABUSE AND PREGNANCY: HANDOUT, CAMERA READY-ADS, BROCHURE, AND DISPLAY

(some available in French)

These resources about abuse and pregnancy are available in print and PDF. The display is available for loan and the camera-ready ads are available for use in newspapers, newsletters, etc. The wallet sized fold-out brochure for women includes a self-assessment questionnaire and strategies (including contact information) for seeking and getting help.

English: <http://www.beststart.org/resources/anti-violence/index.html>

French: <http://www.meilleurdepart.org/resources/violence/index.html>

23. ABUSE AND PREGNANCY: INFORMATION AND STRATEGIES FOR THE PRENATAL EDUCATOR

This resource was developed for prenatal educators as a resource that helps identify potential abuse situations and provides strategies and resources for supporting the woman through the situation. Information is provided about risk factors for abuse in pregnancy, screening for woman abuse, disclosure, and legal issues.

<http://www.beststart.org/resources/anti-violence/index.html>

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Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- **OHPE** - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>
- **Click4HP** - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- **Health Nexus Today** - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.opc.on.ca/>

In French:

- **French distribution list** – The free distribution list offers information in French on maternal, newborn, and child health promotion topics. http://www.meilleurdepart.org/index_fr.html
- **Le Bloc-Notes** – The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>