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## **MNCHP NETWORK BULLETIN MARCH 13 / 09**

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In this week's issue:

### **I. NEWS & VIEWS**

1. Ontario teens lobby for stricter ratings of films with smoking
2. Latest product recalls (also available in French)
3. Heavy metals found in kids' face paints
4. Maple Leaf unsure how many wieners sold before voluntary recall
5. Canadian Food Inspection Agency peanut product recall list grows (also available in French)
6. Enough salt with that slice? Just 2 pieces of pizza can give you double the daily recommended intake

### **II. RECENT REPORTS AND RESEARCH STUDIES**

7. Antibiotic resistant N. Gonorrhoeae on the rise in Ontario (also available in French)
8. Celebrating birth (also available in French)
9. Celebrating birth: Exploring the role of social support in labour and delivery for First Nations women and families (also available in French)
10. Scars of child abuse reach down to genetic level, scientists find
11. Bullying has direct effect on sexual behaviour: Men and women who were targets respond differently

### **III. CURRENT INITIATIVES**

12. Ontario Coalition for Better Child Care touring the province and talking to parents
13. Summer Experience Program Grant
14. Nutrition Month 2009: Stay active. Eat like a champion. (also available in French)

### **IV. UPCOMING EVENTS**

15. Understanding Trauma and Intergenerational Trauma
16. Colour It Up Webcast
17. Toxic Trespass Film Screening
18. How Newcomers Look for the Services and Information They Need
19. Beyond the Brown Crayon: Diversity and the Creative Arts
20. Food Meets Function
21. Centre for Brain and Behaviour International Symposium: Brain Injury in Children
22. Supporting and Communicating: Effective Community Health Research
23. Pregnancy-Related Issues in the Management of Addictions (PRIMA) Train-the-Trainer Workshops

### **V. RESOURCES**

24. Midwifery and Aboriginal Midwifery in Canada (also available in French)
25. Celebrating Birth: First Nations Families and Doulas
26. Infant-Toddler Language and Early Literacy Activities
27. Community Based Resource Canada
28. Women and Private Health Insurance (also available in French)

### **VI. FEATURED BEST START RESOURCE**

29. Web Coverage: 2009 Best Start Resource Centre Annual Conference

30. Baby Wants... (also available in French)

## ----- I. NEWS & VIEWS -----

### ONTARIO

#### 1. ONTARIO TEENS LOBBY FOR STRICTER RATINGS OF FILMS WITH SMOKING

Youth representatives from health units across south-western Ontario met in London to discuss their concerns about smoking in movies (CBC News, 2009, February 23). The group is urging the Ontario Film Review Board to consider each film's depiction of tobacco use when issuing its classified movie ratings and to make public service announcements about the dangers of smoking run before movies that show tobacco use. Donna Kosmack, a youth development specialist with the Middlesex-London Health Unit, explains: "...smoking among teens remains a major concern...And the more that young people see actors smoking cigarettes, the more they think it's a normal thing to do". The Ontario Film Review Board has agreed to meet with the youth representatives.

<http://www.cbc.ca/health/story/2009/02/23/smoking-movies.html>

### CANADA

#### 2. LATEST PRODUCT RECALLS

(also available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Plush Dog with Dog House by Oriental Trading Company: Eyes and nose can detach, posing a choking hazard.
- Multi-Coloured Car-Shaped Pendants: Contain lead.
- Rub-A-Dub Shaving in the Tub Shaving Set: Foaming body soap does not have mandatory labelling for potentially explosive products required under Canadian law.
- Urban Pop Jewellery: Contains lead.
- Rubber Duck Toys: Squeaker inside the ducks can be easily removed, posing a choking hazard.
- Magenta Plush Dog by Ty Inc.: Eyes can easily detach, posing a choking hazard.
- Mood Bracelet: Contains lead.

English: [http://healthycanadians.gc.ca/pr-rp/pr-rp\\_e.php](http://healthycanadians.gc.ca/pr-rp/pr-rp_e.php)

French: [http://healthycanadians.gc.ca/pr-rp/pr-rp\\_f.php](http://healthycanadians.gc.ca/pr-rp/pr-rp_f.php)

#### 3. HEAVY METALS FOUND IN KIDS' FACE PAINTS

Health Canada has found heavy metals in children's face paints exceeding the government's own proposed impurity limits but is unable to take action because the standards are not yet in place (CanWest News Service, 2009). Aaron Freeman, policy director at Environmental Defence, says that the government "should be identifying the priority pollutants and priority products, and get those chemicals out of the products. Even before we get into levels and safe alternatives, just right off the bat, if you've got a cosmetic product that's got a toxic chemical in it, there's something wrong. There's no reason we should be exposing ourselves to pollutants for what are essentially luxury items" (CanWest News Service, 2009).

<http://www.canada.com/health/Heavy+metals+found+kids+face+paints/1248092/story.html>

#### 4. MAPLE LEAF UNSURE HOW MANY WIENERS SOLD BEFORE VOLUNTARY RECALL

Maple Leaf Foods admitted that it is unsure how many of the thousands of recalled wieners were bought by shoppers in eastern Canada (Canadian Press News Item, 2009, February 25). There were 26,000 packages of wieners that were mistakenly shipped to stores in Ontario, New Brunswick, and

Newfoundland and Labrador that were meant to be quarantined. For more information about the recall, phone the company's hotline at 1-800-568-5801.

<http://www.cbc.ca/cp/health/090225/x022515A.html>

#### 5. CANADIAN FOOD INSPECTION AGENCY PEANUT PRODUCT RECALL LIST GROWS (also available in French)

The Canadian Food Inspection Agency (CFIA) added another 17 peanut products to its recall list including United States-made snack bars with brand names including Cinch, Detour, Supreme Protein, and Ocean Spray cranberry fruit and nut trail mix. The CFIA reports that no illnesses linked to the newly recalled products have been reported in Canada. These new recalls were issued amid the growing outbreak of salmonella contamination linked to peanuts processed in the United States.

<http://www.cbc.ca/consumer/story/2009/02/03/peanuts.html>

CFIA website: <http://www.inspection.gc.ca/english/corpaffr/recarapp/recaltoce.shtml>

French: <http://www.inspection.gc.ca/francais/corpaffr/recarapp/recaltocf.shtml>

#### 6. ENOUGH SALT WITH THAT SLICE? JUST 2 PIECES OF PIZZA CAN GIVE YOU DOUBLE THE DAILY RECOMMENDED INTAKE

The Canadian Stroke Network, the Canadian Obesity Network, and the Advanced Foods and Material Network found that two slices of pizza can contain two times the recommended daily amount of sodium. For example, two slices of a Pepperoni Lover's large stuffed crust pizza at Pizza Hut contain 3,000 milligrams of sodium; two slices of a large Rustic Italian pizza at Boston Pizza contain 2,580 milligrams of sodium; and one large slice of Meat Supreme from a walk-in Pizza Pizza restaurant contains 2,400 milligrams of sodium. The recommended daily intake for adults is 1,500 milligrams and the recommended upper tolerable limit of sodium for adults is 2,300 milligrams.

<http://www.canada.com/Health/Enough+salt+with+that+slice/1244341/story.html>

### ----- II. RECENT REPORTS AND RESEARCH RESULTS -----

#### ONTARIO

#### 7. ANTIBIOTIC RESISTANT *N. GONORRHOEAE* ON THE RISE IN ONTARIO (abstract available in French)

This study (Ota et al., 2009) aimed to determine the prevalence of Quinolone-resistant *Neisseria gonorrhoeae* (*N. gonorrhoeae*) in the province of Ontario and to investigate the risk factors for infection. The researchers analyzed records from the Public Health Laboratory of the Ontario Agency for Health Protection and Promotion in Toronto and the National Microbiology Laboratory in Winnipeg. The findings indicate that the rates of *N. gonorrhoeae* with resistance to quinolones increased from 4% of cases in 2002 to 28% of cases in 2006. According to the authors: "The magnitude of the rate of resistance to quinolones is unusually high by any threshold reported in North America" (Weeks, 2009, February 3). The authors suggest that medical practitioners should be aware of the widespread prevalence of quinolone-resistant *N. gonorrhoeae* and avoid quinolone use for empiric therapy.

English: <http://www.cmaj.ca/cgi/reprint/180/3/287>

French: <http://www.cmaj.ca/cgi/content/full/180/3/287/DC1>

News:

<http://www.theglobeandmail.com/servlet/story/RTGAM.20090203.wlsex03/BNStory/specialScienceandHealth/home>

#### CANADA

#### 8. CELEBRATING BIRTH (also available in French)

This report (National Aboriginal Health Organization, 2008) is a response to calls and recommendations to improve First Nations, Inuit, and Métis maternal and child health by increasing maternal health care. It includes: a map of midwifery and Aboriginal Midwifery in Canada, a history of Aboriginal midwifery in Canada, a summary of current initiatives and training options, and strategic development considerations. English: [http://www.naho.ca/english/midwifery/celebratingBirth/Midwiferypaper\\_English.pdf](http://www.naho.ca/english/midwifery/celebratingBirth/Midwiferypaper_English.pdf) French: <http://www.naho.ca/french/publications.php>

#### 9. CELEBRATING BIRTH: EXPLORING THE ROLE OF SOCIAL SUPPORT IN LABOUR AND DELIVERY FOR FIRST NATIONS WOMEN AND FAMILIES (also available in French)

This paper (National Aboriginal Health Organization, 2008) explores a type of support called doula care for First Nations families. It includes an overview of key approaches, the history of doulas, labour support as an evidence-based practice, the role of labour support, how the gaps in First Nations maternity care can be addressed through labour support, models of doula care and training, current initiatives, and next steps.

English: [http://www.naho.ca/english/midwifery/celebratingBirth/Doulapaper\\_English.pdf](http://www.naho.ca/english/midwifery/celebratingBirth/Doulapaper_English.pdf)  
French: <http://www.naho.ca/french/publications.php>

#### 10. SCARS OF CHILD ABUSE REACH DOWN TO GENETIC LEVEL, SCIENTISTS FIND

Researchers (McGowan et al., 2009) compared the brains of male suicide victims to the brains of 12 accident victims and 12 in a control group to explore how child abuse early in life is related to how people respond to stress. They found early child abuse changed the expression of a gene that is important for responding to stress (CBC News, 2009, February 23). The gene was not altered in the accident victims group or the control group. Study co-author Moshe Szyf, an epigeneticist in McGill's department of pharmacology and therapeutics, explains: "The implications at this stage are you want to identify these people and then probably offer them some sort of intervention... The goal would be to find drugs that could reverse the changes, but researchers don't yet know how to do so".

Abstract: <http://www.nature.com/neuro/journal/v12/n3/abs/nn.2270.html>  
News: <http://www.cbc.ca/health/story/2009/02/23/child-abuse-brain.html>

### INTERNATIONAL

#### 11. BULLYING HAS DIRECT EFFECT ON SEXUAL BEHAVIOUR: MEN AND WOMEN WHO WERE TARGETS RESPOND DIFFERENTLY

This study (Gallup, O'Brien, White, & Sloan Wilson, 2008) examined the relationships between self-reported victimization during adolescence and sexual behaviour in college students. A total of 112 undergraduates completed self-report measures of victimization during middle and high school, onset of sexual activity, and number of sexual partners. The findings indicate that nearly 85% of victimization during adolescence was perpetrated by members of the same sex. Andrew Gallup, a graduate student in biological sciences at Binghamton University in New York, explains that the victimization affects boys and girls in different ways: "Females who were victimized during middle and high school had sex at earlier ages than their peers and had more sexual partners, while males that were routinely victimized through high school showed just the opposite... They had reduced sexual activity -- that is, they had sex at later ages than their peers and they had fewer sexual partners" (CanWest News Service, 2009).

Abstract: [http://www.sciencedirect.com/science?\\_ob=ArticleURL&\\_udi=B6V9F-4VDSCPG-2&\\_user=10&\\_rdoc=1&\\_fmt=&\\_orig=search&\\_sort=d&\\_view=c&\\_acct=C000050221&\\_version=1&\\_urlVersion=0&\\_userid=10&md5=1c3f379371fcafeab2656deb698ce198](http://www.sciencedirect.com/science?_ob=ArticleURL&_udi=B6V9F-4VDSCPG-2&_user=10&_rdoc=1&_fmt=&_orig=search&_sort=d&_view=c&_acct=C000050221&_version=1&_urlVersion=0&_userid=10&md5=1c3f379371fcafeab2656deb698ce198)  
News: <http://www.canada.com/health/Bullying+direct+effect+sexual+behaviour/1307081/story.html>

### ----- III. CURRENT INITIATIVES -----

## 12. ONTARIO COALITION FOR BETTER CHILD CARE TOURING THE PROVINCE AND TALKING TO PARENTS

[submitted by Jacquie Maund, Ontario Campaign 2000]

The Ontario Coalition for Better Child Care (2009) is touring the province and talking to parents who are having trouble finding child care or having trouble paying for child care to ask them to send a message to their local Member of Provincial Parliament and Member of Parliament through the website [www.waitingforchildcare.ca](http://www.waitingforchildcare.ca). With just their postal code, parents can send a message to their Federal and Provincial representatives about child care.  
[www.waitingforchildcare.ca](http://www.waitingforchildcare.ca).

## 13. SUMMER EXPERIENCE PROGRAM GRANT

The Summer Experience Program (Government of Ontario, 2009) “provides funding to non-profit organizations, municipalities, Aboriginal/First Nations communities, and to organizations that provide services to people with disabilities to create career-related summer employment opportunities for youth in the key ministry sectors outlined in the Program Guidelines”. The deadline for submitting a fully completed application is 5:00 p.m., March 20, 2009. For more information, please contact Patricia Ricard at [patricia.ricard@ontario.ca](mailto:patricia.ricard@ontario.ca) or 705-945-5793/800-461-7284.

## 14. NUTRITION MONTH 2009: STAY ACTIVE. EAT LIKE A CHAMPION. (also available in French)

The theme of for this year's Nutrition Month is “Stay Active. Eat Like a Champion”. Dietitians across Canada unite to organise events and communications to reinforce the importance of nutrition in achieving health and wellbeing. The Dietitians of Canada website (2009) provides guidelines for using the Nutrition Month logo, resources, events, media information, and more.  
English: [http://www.dietitians.ca/public/content/eat\\_well\\_live\\_well/english/nutritionmonth/index.asp](http://www.dietitians.ca/public/content/eat_well_live_well/english/nutritionmonth/index.asp)  
French: [http://www.dietitians.ca/public/content/eat\\_well\\_live\\_well/french/nutritionmonth/index.asp](http://www.dietitians.ca/public/content/eat_well_live_well/french/nutritionmonth/index.asp)

## ----- IV. UPCOMING EVENTS -----

This section lists events that have not been included in earlier editions of the MNCHP bulletin or listserv postings. For the details of these events and a complete list of events noted in previous MNCHP bulletins and postings, including contact information, links to organizations, and descriptions, see <http://www.beststart.org/events/otherevents.php>

### ONLINE

#### 15. UNDERSTANDING TRAUMA AND INTERGENERATIONAL TRAUMA

March 19, 2009: Online at [www.telemedicine.knet.ca](http://www.telemedicine.knet.ca) and Toronto, ON

Hosted by: KO Telemedicine

To Register Your School or Site, Contact your local Community Telemedicine Coordinator or contact Wesley at 807-735-1381 Ext. 1263 or [wesleymckay@knet.ca](mailto:wesleymckay@knet.ca)

#### 16. COLOUR IT UP WEBCAST

March 24, 2009: Online

Hosted by: The Nutrition Resource Centre

For more information contact Sarah Evason at (416) 367-3313 ext. 252 or [sevason@opha.on.ca](mailto:sevason@opha.on.ca)

### ONTARIO

#### 17. TOXIC TRESPASS FILM SCREENING

March 26, 2009: Toronto, ON  
Hosted by: Women's Healthy Environments Network  
<http://www.womenshealthyenvironments.ca/node/280>

18. HOW NEWCOMERS LOOK FOR THE SERVICES AND INFORMATION THEY NEED

March 30, 2009: Toronto, ON  
Hosted by: Health Nexus  
<http://www.healthnexus.ca/events/newcomers/index.html>

19. BEYOND THE BROWN CRAYON: DIVERSITY AND THE CREATIVE ARTS

May 14, 2009: Toronto, ON  
Hosted by: The Macaulay Child Development Centre, United Way Toronto, Ontario Early Years, Ryerson University, Centre for Children, Youth & Families, City of Toronto, Ryerson University ECE, Association of Early Child Educators Ontario, and Association of Early Child Educators Ontario - Toronto Branch  
<http://www.aeeco.ca/content/beyond-brown-crayon.html>

20. FOOD MEETS FUNCTION

June 17-18, 2009: London, ON  
<http://www.foodmeetsfunction.ca/?page=home>

21. CENTRE FOR BRAIN AND BEHAVIOR INTERNATIONAL SYMPOSIUM: BRAIN INJURY IN CHILDREN

July 8-10, 2009: Toronto, ON  
Hosted by: Sick Kids Centre for Brain & Behaviour  
<http://quest.cvent.com/EVENTS/Info/Summary.aspx?e=5213a03e-9d73-4912-b7be-671723f7f425>

**CANADA**

22. SUPPORTING AND COMMUNICATING: EFFECTIVE COMMUNITY HEALTH RESEARCH

March 19, 2009: Vancouver, BC  
Hosted by: CIHR/MSFHR Strategic Training Program Grant in Partnering in Community Health Research  
RSVP by March 12, 2009 to [mside@interchange.ubc.ca](mailto:mside@interchange.ubc.ca)

23. PREGNANCY-RELATED ISSUES IN THE MANAGEMENT OF ADDICTIONS (PRIMA) TRAIN-THE-TRAINER WORKSHOPS

[submitted by PRIMA]

The PRIMA project is designed to assist Canadian health professionals providing prenatal and intrapartum care for women with problematic substance use in pregnancy (PSUP). The PRIMA project team is committed to improving the care of Canadian women and children affected by substances through information that is scientifically sound and unbiased. The goal of the PRIMA project is to improve health care providers' management of women with problematic substance use in pregnancy, including screening, clinical care, counselling and referral. This is accomplished through Mainpro C accredited Train-The-Trainer (TTT) workshops. Our principal resource is the PRIMA booklet "A Reference for Care Providers", available in both English and French. The PRIMA group has conducted four workshops in Canada up to date (two in Toronto, one each in Vancouver and Moncton), and have a fully trained faculty, able to deliver training in both English and French. All our teaching products have been developed and are available in both national languages. We have a record of success with highly positive evaluations from previous workshops. The PRIMA National Team has plans for eight workshops across Canada. These sites include (but may be subject to change): Saskatoon, Montreal, Winnipeg, Halifax, Thunder Bay, and St. John's in the spring and fall of 2009. Workshops in Iqaluit and Yellowknife are to follow through in the spring of 2010. For further information, please contact: [prima.medicine@utoronto.ca](mailto:prima.medicine@utoronto.ca) or visit [www.addictionpregnancy.ca](http://www.addictionpregnancy.ca)

## ----- V. RESOURCES -----

### 24. MIDWIFERY AND ABORIGINAL MIDWIFERY IN CANADA (also available in French)

This resource is a map of locations and contact information for “Midwifery and Aboriginal Midwifery Services in Canada”.

English: [http://www.naho.ca/english/midwifery/celebratingBirth/Map\\_24x36\\_en-final.pdf](http://www.naho.ca/english/midwifery/celebratingBirth/Map_24x36_en-final.pdf)

French: [http://www.naho.ca/english/midwifery/celebratingBirth/Map\\_24x36\\_fr-final.pdf](http://www.naho.ca/english/midwifery/celebratingBirth/Map_24x36_fr-final.pdf)

### 25. CELEBRATING BIRTH: FIRST NATIONS FAMILIES AND DOULAS

This handout provides information for First Nations families about doulas. It describes the six main functions of doulas, the difference between a midwife and a doula, the cost of doula services, and how to become a doula.

English: <http://www.naho.ca/english/midwifery/celebratingBirth/DoulaBrochureEnglish.pdf>

### 26. INFANT-TODDLER LANGUAGE AND EARLY LITERACY ACTIVITIES

These materials, developed by Angela Notari-Syverson and Judy Challoner, include 20 home and community activities for adults and children birth to three that encourage early language and literacy development. They are designed to address (1) language development, (2) sounds and rhythms, and (3) general book and print awareness. There is a Somali language version of the birth to three parent-child activities. For more information, click on “Free Parent Education Handouts”

<http://www.wlearning.com/>

### 27. COMMUNITY BASED RESOURCE CANADA

Community Based Research Canada (CBRC) is a network of people and organizations engaged in Community Based Research (CBR) to meet the needs of people and communities. The coalition is building an action plan to strengthen CBR and profile its achievements through engagement of its members in participatory, collaborative activities. The Action Plan focuses on four core activities: (1) Building CBR capacity; (2) mobilizing knowledge on CBR practices and outcomes; (3) influencing policy and institutional environments to strengthen support to CBR, and; (4) providing networking and learning opportunities (CBRC, 2009). The website provides links to resources about CBR.

<http://communityresearchcanada.ca/>

### 28. WOMEN AND PRIVATE HEALTH INSURANCE (also available in French)

The Canadian Women's Health Network (2009) is offering free bulk copies of their new booklet "Women and Private Health Insurance". To order this free booklet, please email [cwhn@cwhn.ca](mailto:cwhn@cwhn.ca) with your complete mailing address.

English: [http://www.womenandhealthcarereform.ca/publications/womenPrivateHealthInsur\\_en.pdf](http://www.womenandhealthcarereform.ca/publications/womenPrivateHealthInsur_en.pdf)

French: [http://www.womenandhealthcarereform.ca/publications/womenPrivateHealthInsur\\_fr.pdf](http://www.womenandhealthcarereform.ca/publications/womenPrivateHealthInsur_fr.pdf)

## ----- VI. FEATURED BEST START RESOURCES -----

### 29. WEB COVERAGE: 2009 BEST START RESOURCE CENTRE ANNUAL CONFERENCE

The 2009 Best Start Resource Centre Annual Conference took place February 23-25, 2009 at the Renaissance Toronto Airport Hotel and Conference Centre. Web coverage of the conference is now available including photographs and most of the speakers' presentations.

<http://www.beststart.org/events/detail/bsannualconf09/webcov/index.htm>

30. BABY WANTS...  
(also available in French)

This booklet is designed for parents to encourage them to do some simple everyday actions to foster their young child's development: play, read, sing, etc. The text is simple and the pictures show the suggested activities.

English: [http://www.beststart.org/resources/hlthy\\_chld\\_dev/index.html](http://www.beststart.org/resources/hlthy_chld_dev/index.html)

French: [http://www.meilleurdepart.org/resources/develop\\_enfants/index.html](http://www.meilleurdepart.org/resources/develop_enfants/index.html)