

MNCHP Network Bulletin



*best start
meilleur départ*

by/par health **nexus** santé

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I. NEWS & VIEWS

CANADA

1. LATEST PRODUCT RECALLS

(also available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Nike Bauer Junior Hockey Stick: The yellow paint of the hockey stick contains lead.
- Therma Scarf: The heat packs can overheat when heated in a microwave oven, posing a burn and fire hazard.
- “Magnetic Locker Gear” Sets of Magnets: The paint on the horseshoe-shaped magnets contains lead.
- Set of 3 Pairs of Frog-themed Earrings by Ardène: These pieces of jewellery contain lead.
- “Big Rex and Friends” Cloth Books by Priddy Books: Red plastic dot sewn in the book contains high levels of lead.
- Generation 2 Worldwide and “ChildESIGNS” Drop-Side Cribs: The cribs' plastic hardware can break or deform, causing the drop-side to detach. The cribs' mattress support can also detach from the crib frame. When it detaches, it creates a space between the side of the crib and the mattress. Infants and toddlers can roll into this space and become entrapped, which can lead to suffocation or strangulation, or they can fall out of the crib.
- Wuercetti “Fanta Color Junior” Toy by Pierre Belvedere: The product contains small components; these small parts pose a choking hazard.
- Mattresses sold with Green Frog Art Wooden Cradles: Mattresses provided with some of the recalled cradles are shorter or narrower than the cradles, creating space between the mattress and the cradle. The bodies of infants or toddlers can become entrapped in the space, which can lead to suffocation.
- Health Canada would like to remind Canadians of the potential hazards related to the use of drop-side cribs http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2010/2010_24-eng.php
French: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2010/2010_24-fra.php
- Health Canada would like to remind Canadians of the dangers related to furniture, television, and appliance tip-overs http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2010/2010_18-eng.php
French: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2010/2010_18-fra.php
- Health Canada recommends stricter safety standards for playpen accessories http://www.hc-sc.gc.ca/ahc-asc/media/nr-cp/2010/2010_25-eng.php
French: http://www.hc-sc.gc.ca/ahc-asc/media/nr-cp/2010/2010_25-fra.php

English: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/home-accueil-eng.jsp>
<http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php>
French: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/home-accueil-fra.jsp>
<http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-fra.php>

INTERNATIONAL

2. BABY-BY-NUMBER: PARENTS' NEW OBSESSION WITH DATA

This article (Leggett, 2009) reports that parents are using various technologies to track their babies' schedules. For example, Allen Fawcett and his wife use a website to record every diaper, feeding, and nap since they became parents. There are phone applications that translate and record a baby's cries,

wearable devices that keep track of how much parents or caregivers talk to their child, and electronic toys that record how a child plays with them so parents can compare the child's progress to developmental norms. Dimitri Christakis of the University of Washington, who studies the impact of technology on early childhood, explains the downside of these devices: "As a paediatrician and researcher, I applaud anything that gets parents more interested in their child's development... But I would hate to find out that a parent is spending an hour a day entering data on their child's development, especially if that hour of data entry comes at the expense of spending an hour with your kid, or an hour somehow recharging your battery so you're better able to engage with them in the future" (Leggett, 2009).

http://www.wired.com/wiredscience/2009/12/baby-tracking/?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+wired%2Findex+%28Wired%3A+Index+3+%28Top+Stories+2%29%29&utm_content=Google+Reader

II. RECENT REPORTS AND RESEARCH

CANADA

3. EMPLOYER TOP-UPS TO PAID MATERNITY AND PARENTAL LEAVE

(also available in French)

This study (Statistics Canada, 2010) looked at data from 2008 and found that one in five mothers who received maternity or parental benefits from either the federal Employment Insurance (EI) or Quebec Parental Insurance Plan (QPIP) also collected top-up payments from their employers. This proportion has remained stable over the last 10 years. The average top-up for these mothers was \$300 per week and it lasted an average of 19 weeks (Statistics Canada, 2010, February 24). The average duration of the top-up has remained constant since 2000 even though the duration of parental benefits increased from 10 to 35 weeks starting in 2001.

English: <http://www.statcan.gc.ca/pub/75-001-x/2010102/pdf/11120-eng.pdf>

French: <http://www.statcan.gc.ca/pub/75-001-x/2010102/pdf/11120-fra.pdf>

4. PROJECTIONS OF THE DIVERSITY IN CANADA, 2006-2031

(also available in French)

This document (Statistics Canada, 2010) aims to describe the future composition of the Canadian population, using different scenarios of population growth (e.g., place of birth, generation status, visible minority group, religious denomination, and mother tongue). Some highlights include:

- About three Canadians in ten (between 29% and 32%) could be a member of a visible minority group in 2031.
- The visible minority population would be over-represented in the younger age groups. Approximately 36% of the population under 15 years of age in 2031 would belong to a visible minority group, compared to 18% of persons aged 65 and over.
- The number of persons having a non-Christian religion would more than double by 2031.
- Persons whose mother tongue was neither English nor French accounted for less than 10% of Canada's population in 1981. By 2006, that proportion had risen to 20%, and the projections indicate that it would reach between 29% and 32% in 2031 (Statistics Canada, 2010).

English: <http://www.statcan.gc.ca/pub/91-551-x/91-551-x2010001-eng.pdf>

French: <http://www.statcan.gc.ca/pub/91-551-x/91-551-x2010001-fra.pdf>

5. NEW IMMIGRANTS' ASSESSMENTS OF THEIR LIFE IN CANADA

(also available in French)

This paper (Statistics Canada, 2010) used information from the Longitudinal Survey of Immigrants to Canada (LSIC) to examine how immigrants in the 2000-2001 landing cohort subjectively assess their life in Canada. The findings indicate that four years after landing, about three-quarters of LSIC respondents said they were satisfied or very satisfied with their life in Canada and a comparable proportion said their expectations of life in Canada had been met or exceeded. When asked if they were given the chance, almost 9 out of 10 said that they would make the same decision again to come to Canada. The analysis also included associations of subjective assessments and a broad range of demographic, social, and economic characteristics. Individuals in their thirties and forties, and university graduates and principal applicants in the skilled worker admission category provided less positive assessments than other groups. Assessments of life in Canada were associated with both economic factors (e.g., income) and social factors (e.g., relationships with neighbours) (Statistics Canada, 2010, February 18).

English: [http://www.statcan.gc.ca/cgi-bin/af-](http://www.statcan.gc.ca/cgi-bin/af-fdr.cgi?l=eng&loc=http://www.statcan.gc.ca/pub/11f0019m/11f0019m2010322-eng.pdf&t=New%20Immigrants%27%20Assessments%20of%20Their%20Life%20in%20Canada%20%28Analytical%20Studies%20Branch%20Research%20Paper%20Series%29)

[fdr.cgi?l=eng&loc=http://www.statcan.gc.ca/pub/11f0019m/11f0019m2010322-eng.pdf&t=New%20Immigrants%27%20Assessments%20of%20Their%20Life%20in%20Canada%20%28Analytical%20Studies%20Branch%20Research%20Paper%20Series%29](http://www.statcan.gc.ca/pub/11f0019m/11f0019m2010322-eng.pdf&t=New%20Immigrants%27%20Assessments%20of%20Their%20Life%20in%20Canada%20%28Analytical%20Studies%20Branch%20Research%20Paper%20Series%29)

French: [http://www.statcan.gc.ca/cgi-bin/af-](http://www.statcan.gc.ca/cgi-bin/af-fdr.cgi?l=fra&loc=http://www.statcan.gc.ca/pub/11f0019m/11f0019m2010322-fra.pdf&teng=New%20Immigrants%27%20Assessments%20of%20Their%20Life%20in%20Canada%20%28Analytical%20Studies%20Branch%20Research%20Paper%20Series%29&tfra=&keng=&kfra=&dispext=pdf)

[fdr.cgi?l=fra&loc=http://www.statcan.gc.ca/pub/11f0019m/11f0019m2010322-fra.pdf&teng=New%20Immigrants%27%20Assessments%20of%20Their%20Life%20in%20Canada%20%28Analytical%20Studies%20Branch%20Research%20Paper%20Series%29&tfra=&keng=&kfra=&dispext=pdf](http://www.statcan.gc.ca/pub/11f0019m/11f0019m2010322-fra.pdf&teng=New%20Immigrants%27%20Assessments%20of%20Their%20Life%20in%20Canada%20%28Analytical%20Studies%20Branch%20Research%20Paper%20Series%29&tfra=&keng=&kfra=&dispext=pdf)

6. IMMIGRANTS WORKING IN REGULATED OCCUPATIONS

(also available in French)

This study (Statistics Canada, 2010) looked at university graduates whose studies would normally lead to employment in a regulated occupation (e.g., medicine, law, education) using the 2006 Census. The findings indicate that immigrants who studied for work in a regulated occupation outside Canada were less likely to be working in that occupation than either immigrants who had studied in Canada, or those who were born in Canada. For example, in 2006, 24% of foreign-educated immigrants with fields of study that would normally lead to work in a regulated occupation were working in the associated profession whereas the rate is 62% among the Canadian-born.

English: <http://www.statcan.gc.ca/pub/75-001-x/2010102/pdf/11121-eng.pdf>

French: <http://www.statcan.gc.ca/pub/75-001-x/2010102/pdf/11121-fra.pdf>

INTERNATIONAL

7. EFFECT OF EARLY SKIN-TO-SKIN MOTHER-INFANT CONTACT DURING THE FIRST 3 HOURS FOLLOWING BIRTH ON EXCLUSIVE BREASTFEEDING DURING THE MATERNITY HOSPITAL STAY

The researchers (Bramson et al., 2010) collected data from 19 hospitals in San Bernardino and Riverside counties on all mothers who delivered a singleton infant (37-40 weeks gestation) from July 2005 through June 2006. The findings indicate that maternal infant-feeding method intention (measured prior to birth), sociodemographic characteristics, intrapartum variables, and early skin-to-skin mother-infant contact during the first 3 hours following birth (controlling for delivery hospital) were correlated with exclusive breastfeeding during the maternity hospitalization. There was also a dose-response relationship between early skin-to-skin contact and breastfeeding exclusivity (i.e., higher amounts of skin-to-skin contact were associated with higher rates of exclusive breastfeeding).

Abstract: <http://jhl.sagepub.com/cgi/content/abstract/0890334409355779v1>

III. CURRENT INITIATIVES

8. GOVERNMENT OF CANADA LAUNCHES ENVIRONMENTAL HEALTH CAMPAIGN AND GUIDE

The Government of Canada (2010, March 1) announced the launch of a campaign to help make Canadian families more aware of the environmental health risks around them. As part of this four-year public education campaign, the guide “Hazardcheck”, provides simple advice that parents can take to keep their homes safer and healthier for themselves and their children.

News release: <http://news.gc.ca/web/article-eng.do?m=/index&nid=516289>

French: <http://nouvelles.gc.ca/web/article-fra.do?m=/index&nid=516289>

Hazardcheck: <http://www.hc-sc.gc.ca/ewh-semt/hazards-risques/index-eng.php>

French: <http://www.hc-sc.gc.ca/ewh-semt/hazards-risques/index-fra.php>

9. INTERNATIONAL WOMEN'S DAY: MARCH 8

(also available in French)

This global day celebrates the economic, political, and social achievements of women past, present, and future. In some places like China, Russia, Vietnam and Bulgaria, International Women's Day is a national holiday (Aurora GCM Limited, 2010). For recent news and videos see the links below.

<http://www.internationalwomensday.com/>

English: <http://www.swc-cfc.gc.ca/dates/iwd-jif/index-eng.html>

French: <http://www.cfc-swc.gc.ca/dates/iwd-jif/index-fra.html>

IV. UPCOMING EVENTS

This section lists events that have not been included in earlier editions of the MNCHP bulletin or listserv postings. For the details of these events and a complete list of events noted in previous MNCHP bulletins and postings, including contact information, links to organizations, and descriptions, see <http://www.beststart.org/events/otherevents.php>

BY PHONE

10. BUYING SAFER PRODUCTS FOR YOUR CHILD CARE CENTRE

March 30, 2010: By phone

Hosted by: The Canadian Partnership for Children's Environmental Health (CPCHE) and the Canadian Child Care Federation (CCCF)

Register by sending an email to Robin McMillan rmcmillan@cccf-fcsge.ca

ONTARIO

11. NURTURING CHANGE: USING MOTIVATIONAL INTERVIEWING APPROACHES TO PREVENT AND REDUCE HARMS ASSOCIATED WITH FETAL ALCOHOL SPECTRUM DISORDER (FASD)

April 26, 2010: Toronto, ON

Hosted by: The Hospital for Sick Children

<http://quest.cvent.com/EVENTS/Info/Summary.aspx?i=840032b8-3763-4db7-8d55-c29438c05bd4>

12. PROBLEMATIC SUBSTANCE USE IN PREGNANCY: A PRIMA WORKSHOP

May 14, 2010: London, ON

Hosted by: Pregnancy Related Issues in the Management of Addictions (PRIMA)

For more information or to register, please contact Bernadette Garrity by phone at (519) 663-5317 ext. 2272 or by email bernadette.garrity@mlhu.on.ca

<http://www.addictionpregnancy.ca/>

13. TRANSFORMATIONAL LEADERSHIP: PREPARING THE EARLY YEARS PROFESSION FOR CHANGE

May 27-29, 2010: Hamilton, ON

Hosted by: Association of Early Childhood Educators Ontario Hamilton Branch

<http://www.aeceo.ca/content/60th-anniversary.html>

14. PROVINCIAL SUMMER INSTITUTE 2010: ADVANCED COUNSELLING SKILLS FOR CONCURRENT DISORDERS

August 17-19, 2010: Toronto, ON

Sponsored by the Centre for Addiction and Mental Health and the Concurrent Disorders Ontario Network

http://knowledgex.camh.net/policy_health/policy_research_update/Lists/Posts/Post.aspx?ID=155

V. RESOURCES

15. EATING WELL WITH CANADA'S FOOD GUIDE FOR FIRST NATIONS, INUIT, AND MÉTIS

(also available in French, Inuktitut, Ojibwe, Plains Cree, and Woods Cree)

This food guide reflects the values, traditions, and food choices of First Nations, Inuit, and Métis. It includes both traditional foods and store-bought foods that are generally available, affordable and accessible across Canada and provides unique images and content. This resource is now available in Inuktitut, Ojibwe, Plains Cree, and Woods Cree.

English: <http://www.hc-sc.gc.ca/fn-an/pubs/fnim-pnim/index-eng.php>

French: <http://www.hc-sc.gc.ca/fn-an/pubs/fnim-pnim/index-fra.php>

Links to PDFs in Inuktitut, Ojibwe, Plains Cree, and Woods Cree: <http://www.hc-sc.gc.ca/fn-an/pubs/fnim-pnim/index-eng.php>

16. INFORMATION SHEET FOR PARENTS: VACCINES: YOUR CHILD'S BEST SHOT AGAINST DISEASE

(also available in French)

This information sheet for parents (Centre of Excellence for Early Childhood Development, 2010) provides current research on vaccinations. It also includes links for learning about the benefits and side effects of vaccines, the recommended vaccination schedule, and verifying if a child may need a different vaccination schedule (e.g., babies who are premature, etc).

English: <http://www.child-encyclopedia.com/pages/PDF/ImmunizationANGmcP.pdf>

French: <http://www.enfant-encyclopedie.com/pages/PDF/VaccinationFRmcP.pdf>

17. RESOURCE BOOK FOR HEALTH CARE PROVIDERS AND EDUCATORS: WRITING HEALTH INFORMATION FOR PATIENTS AND FAMILIES

This book (Hamilton Health Sciences, 2008) provides information about how to develop and write patient education resources that are easy to read, understand, and use. It includes current evidence about literacy and health literacy in Canada, techniques of plain language and clear design, and a step-by-step

guide to developing patient education materials. The information provided can be applied to print materials, websites, and other ways of teaching patients and families.

<http://www.hamiltonhealthsciences.ca/body.cfm?id=1982>

18. PROVINCIAL COUNCIL FOR CHILDREN'S HEALTH: CHILD HEALTH SYSTEM INDICATOR SUMMARY

This summary examines what other jurisdictions have included in their child health indicator frameworks (e.g., different provinces in Canada and other countries). *The Progress of Canada's Children and Youth* (Canadian Council on Social Development, 2006) was used as a basis for comparison.

http://www.pcmch.on.ca/Agenda_Package/Child_Health_System_Indicator_Summary.pdf

VI. FEATURED BEST START RESOURCES

19. HEALTH FAIRS AND PRECONCEPTION, PRENATAL, AND CHILD HEALTH

This manual shares information on the effectiveness of a variety of types of health fairs. It also provides strategies for service providers who wish to organize a health fair and offers a number of local stories on various types of health fairs.

<http://www.beststart.org/resources/howto/index.html>

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Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- [OHPE](#) - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>
- [Click4HP](#) - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- [Health Nexus Today](#) - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.healthnexusante.ca/>

In French:

- [French distribution list](#) – The free distribution list offers information in French on maternal, newborn, and child health promotion topics. http://www.meilleurdepart.org/index_fr.html
- [Le Bloc-Notes](#) – The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>