

# MNCHP Network Bulletin



best start  
meilleur départ

by/par health **nexus** santé

*\* Please note that there will be one bulletin per month for July and August. The next bulletin will be released July 29, 2010.*

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### I. NEWS & VIEWS

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#### CANADA

##### 1. LATEST PRODUCT RECALLS

(available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- IKEA Roll-up Blinds, Roman Blinds, and Roller Blinds: Pose a strangulation hazard.
- Plush Graduation Bird and Plush Beanie Dog Toys: The hard eyes on the plush bird and the hard plastic nose on the plush dog can detach easily; these small parts pose a choking hazard.
- Series 8000 Convertible 3-in-1 Cribs: Were non-compliant with Canadian requirements under the *Cribs and Cradles Regulations (Hazardous Products Act)*.
- Children's Hooded Sweatshirts with Drawstrings: Have drawstrings at the neck, which pose a strangulation hazard.
- McDonald's "Shrek Forever After" Collectable Drinking Glasses: Designs on the glasses contain cadmium.
- Pelican Snow Trek Hitch: Screw in the hitch could become loose and fall off due to vibrations when the sled is being towed by a vehicle. This can lead to the sled and hitch detaching from the towing vehicle, posing a risk of injury.
- Chandelle Multi-Lilac Feather Boa: Does not meet the requirements for textile flammability.
- Various Pieces of Children's Jewellery: Metallic pieces contain lead.
- Li'l Angels Furniture Cribs: Were non-compliant with various Canadian requirements under the *Cribs and Cradles Regulations (Hazardous Products Act)*.
- Magnetic Plush Animals by Toy Land Company: Eyes on the magnetic plush animals can detach easily; these small parts pose a choking hazard.
- Cross, Baseball Glove, and Dolphin Charms: Contain lead.

English: <http://cpsr-rspsc.hc-sc.gc.ca/PR-RP/results-resultats-eng.jsp?searchstring=&searchyear=&searchcategory=http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php>

French: <http://cpsr-rspsc.hc-sc.gc.ca/PR-RP/results-resultats-fra.jsp?searchstring=&searchcategory=&searchyear=&StartIndex=1&current=truehttp://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-fra.php>

##### 2. "CANADA NOT SUCH A NICE PLACE TO GROW UP?" – THE WORLD HEALTH ORGANIZATION (WHO) RANKS CANADA IN BOTTOM THIRD OF DEVELOPING COUNTRIES WHEN IT COMES TO BULLYING

According to WHO's latest survey on Health Behaviours of School-Aged Children (CNW, 2010, May 26), Canada is ranked in the bottom third of the 40 developed nations studied. In late May leading Canadian and International researchers gathered with community organizations and educators of Canada. They examined the most current research and findings in a quest to advance solutions and strategies that can protect children and create a world where everyone is able to live, learn, play, and work in safe and healthy relationships.

<http://www.newswire.ca/en/releases/archive/May2010/26/c6691.html>

### 3. INFACCT CANADA: WORLD HEALTH ASSEMBLY

Members of the International Baby Food Action Network (IBFAN) attended the World Health Assembly (WHA) to advocate for the passage of global policies to advance infant and young child nutrition and health. This year the two key items of importance were: (1) the revised and strengthened resolutions on infant and young child nutrition and (2) the marketing of foods and non-alcoholic beverages to children. Infact Canada (2010) highlights that in Canada there is “little or no regulatory, monitoring, and enforcement mechanisms in place to protect pregnant women, new mothers, and families from the very aggressive, misleading, and deceptive marketing by the infant formula and baby foods manufacturers and distributors. The marketing of junk foods and drinks to children is yet another area that must be adequately regulated in order to safeguard children from the impact of foods and drinks high in saturated fats, trans-fatty acids, salt, and added sugars”. Recommendations are provided.

<http://www.infactcanada.ca/whatsnew/wha-may-2010.html>

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## II. RECENT REPORTS AND RESEARCH

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### ONTARIO

#### 4. RECOMMENDATIONS FOR AN ONTARIO INCOME SECURITY REVIEW: REPORT OF THE ONTARIO SOCIAL ASSISTANCE REVIEW ADVISORY COUNCIL

(available in French)

This report (Ontario Social Assistance Review Advisory Council, 2010) outlines a consultation process focusing on six key strategies that would transform the delivery of income security programs, employment supports, and related services for low-income working age adults. As reviewed by the Atkinson Charitable foundation (2010), the Council recommends the review focus on the following six strategies for reform:

- Building on the approach of the Ontario Child Benefit, develop an expanded range of income and services to be available to all low-income Ontarians.
- Strengthen initiatives such as minimum wage increases, enhanced employment standards, fair employment initiatives and the federal Working Income Tax Benefit to ensure the labour market offers effective pathways out of poverty.
- Replace short term coverage in Ontario Works with more appropriate financial support outside of the social assistance system for those who are temporarily unemployed.
- Re-engineer long-term coverage in Ontario Works as an opportunity planning program to support achieving full labour market potential through skills building, education, training, employment and related support.
- Develop standards for a liveable income and a process to use those standards to assess the adequacy of Ontarians' incomes.
- Improve income and social supports for those whose reasonable prospects of earning liveable incomes from employment are limited by disability or other circumstances, including a possible new vision for the Ontario Disability Support Program and exploring options for alternative models of financial assistance”.

English: <http://www.mcsc.gov.on.ca/documents/en/mcsc/publications/social/sarac%20report/SARAC%20Report%20-%20FINAL.pdf>

French: <http://www.mcsc.gov.on.ca/documents/fr/mcsc/publications/social/sarac%20report/SARAC%20Report%20-%20frFINAL.pdf>

**CANADA****5. CANADIANS, PARTICULARLY WOMEN, CAUGHT IN TIME CRUNCH**

(available in French)

The Canadian Index of Wellbeing links economic, health, social, cultural and environmental indicators to Canadians' quality of life. Here are some of the findings:

- The proportion of males and females experiencing high levels of 'time crunch' increased from 16.4% to 19.6% between 1992 and 2005. A higher proportion of females report time pressure compared to males.
- Working non-standard hours has negative consequences for individual and family wellbeing. The proportion of Canadians aged 20-64 years who worked other than a regular time daytime schedule increased from 22.8% in 1992 to 25.2% in 2009.
- The proportion of parents who report reading daily to their pre-school child has remained quite stable and is just over 60%. The rates for boys are slightly lower than the rates for girls.
- The proportion of children and adolescents who are participating at least weekly in an organized, extracurricular activity is quite stable and between 75% and 83%.
- The proportion of adolescents who exceed 2 hours a day on TV and video games has increased from 27.2% in 2003 to 31.7% in 2007/2008. When all screen time is included in the figures, those who are exceeding 2 hours a day has risen from 54.5% to 63.7%.
- There has been a sharp reduction in the frequency of meals with parents among teenagers aged 15-17 years. On a typical day in 1992, 63.7% had a meal with their parents, and this proportion dropped to 50.5% in 1998 and 34.8% in 2005" (Brooker & Hyman, 2010).
- The proportion of working age adults providing care to seniors increased from 17.4% to 19.5% between 1996 and 2006. A higher proportion of females provide care to seniors and for longer time than males.

News: <http://www.thestar.com/news/canada/article/823534--canadians-particularly-women-caught-in-time-crunch>

Report: <http://www.ciw.ca/en/TheCanadianIndexOfWellbeing/DomainsOfWellbeing/TimeUse.aspx>

French: <http://www.ciw.ca/fr/TheCanadianIndexOfWellbeing/DomainsOfWellbeing/TimeUse.aspx>

**6. PUBLIC SCHOOL INDICATORS FOR CANADA, THE PROVINCES AND TERRITORIES**

(available in French)

New statistics are available about public schools in Canada (Statistics Canada, 2010, May 20). For example, just over 5.1 million students were enrolled in publicly funded elementary and secondary schools in Canada during the academic year 2007/2008 (down 0.9% from the previous year). This is the lowest level since 1998/1999 when the data was first collected. Enrolment in second-language immersion programs in public elementary and secondary schools increased steadily every year. Enrolment in special needs education has also risen.

News: <http://www.statcan.gc.ca/daily-quotidien/100520/dq100520c-eng.htm>

French: <http://www.statcan.gc.ca/daily-quotidien/100520/dq100520c-fra.htm>

Report: <http://www.statcan.gc.ca/bsolc/olc-cel/olc-cel?catno=81-595-M2010083&lang=eng>

French: <http://www.statcan.gc.ca/bsolc/olc-cel/olc-cel?catno=81-595-M2010083&lang=fra>

**7. MIGRATION FROM CENTRAL TO SURROUNDING MUNICIPALITIES IN TORONTO, MONTRÉAL, AND VANCOUVER**

(available in French)

Statistics Canada (2010, June 8) released a study that examined migration of those aged 25 to 44 from central to surrounding municipalities in Toronto, Montréal, and Vancouver. This age group is at an age when they are establishing families and buying first homes. The findings indicate that nearly one person

in seven between the ages of 25 and 44 (14%) left the core municipality between 2001 and 2006 and moved to one of the many municipalities that surround the core.

News: <http://www.statcan.gc.ca/daily-quotidien/100608/dq100608a-eng.htm>

French: <http://www.statcan.gc.ca/daily-quotidien/100608/dq100608a-fra.htm>

Report: <http://www.statcan.gc.ca/bsolc/olc-cel/olc-cel?catno=11-008-X&lang=eng>

French: <http://www.statcan.gc.ca/bsolc/olc-cel/olc-cel?catno=11-008-X&lang=fra>

## INTERNATIONAL

### 8. QUICK REFERENCE GUIDE TO FAMILY PLANNING RESEARCH

Family Health International (2010) released a guide with the research and programmatic findings that they believe should be incorporated more widely into policies and programs in order to improve family planning and reproductive health services. The following topics are covered: (1) Preventing Unintended Pregnancies: An Essential Component for the Prevention of Mother-to-Child Transmission of HIV; (2) The Rationale for and Impact of Integrating Family Planning into HIV/AIDS Services; (3) Intrauterine Devices; (4) Emergency Contraceptive Pills; (5) Vasectomy; (6) Male Condoms; (7) Female Condoms; (8) Standard Days Method; (9) Eligibility Screening and Provider Checklists; (10) Community-Based Services and Distribution; (11) Youth (Ages 10–24); (12) Implants; (13) Contraceptive Continuation; (14) Male Circumcision and HIV; (15) Contraceptive Counseling and Job Aids; (16) Healthy Timing and Spacing of Pregnancies; and (17) Postpartum Family Planning.

<http://www.fhi.org/NR/rdonlyres/expzrgf7ns2mb4fvr5ipo5w4fisq4cgxqkgahxntmoybur4a7y4y3wli4ut4oxbnp4zjgm4rgbzzub/QuickReferenceGuideFPresearch2010.pdf>

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## III. CURRENT INITIATIVES

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### 9. SUBMIT A PROPOSAL: ACHIEVING HEALTHIER WEIGHTS IN CANADA'S COMMUNITIES

(available in French)

The Public Health Agency of Canada (PHAC) is inviting eligible organizations to submit proposals to the Innovation Strategy (IS) Second Cycle of solicitation. The three Priority Focus Areas are: (1) Strengthening Factors that Enable Children and Youth to Achieve Healthy Weights; (2) Creating Supportive Workplaces for Canadians to Achieve Healthy Weights; and (3) Building Healthier Conditions in Rural, Remote, Northern, and Underserved Communities to Achieve Healthy Weights.

English: <http://www.phac-aspc.gc.ca/ph-sp/fund-fonds/ahwcc-apscc-eng.php>

French: <http://www.phac-aspc.gc.ca/ph-sp/fund-fonds/ahwcc-apscc-fra.php>

### 10. BOLD VISION FOR TOMORROW DOES NOT PUT FOOD ON THE TABLE TODAY

The Social Planning Network of Ontario (SPNO) says that the Social Assistance Review Advisory Council Report (2010) promotes a bold new vision for income security in the long run but is weak on what it asks the Ontario Government to do to help people on social assistance meet their basic daily living necessities now. The SPNO has been working with community partners across the province in the last year on a campaign called "Put Food in the Budget". The campaign calls for the immediate introduction of a \$100 a month Healthy Food Supplement for people on social assistance as a first step toward setting rates at a level that allows them to live with health and dignity.

<http://www.spno.ca/>

### 11. CAMPAIGN 2000: TAKE ACTION TO SUPPORT BILL C-304, AN ACT TO ENSURE SECURE, ADEQUATE, ACCESSIBLE, AND AFFORDABLE HOUSING FOR CANADIANS

In a recent newsletter, Campaign 2000 highlights that Canada is closer than ever to having a National Housing Strategy. They are urging you to:

- Write to your MP and ask them to support Bill C-304. Your MP's contact info at [www.parl.gc.ca](http://www.parl.gc.ca)
- Have your organization, faith-group, city council or community association endorse Bill C-304 and send your endorsement to MP Libby Davies (who initiated the private member's bill) at: House of Commons, Ottawa, Ontario, K1A 0A6 or via email at [daviel@parl.gc.ca](mailto:daviel@parl.gc.ca).
- Sign the petition calling for a National Housing Strategy – For more info about the Bill and to download the petition, just click here: <http://www.libbydavies.ca/blog/2009/09/02/petition-libbys-national-housing-strategy-bill-c-304>. Mail your signed petition to MP Libby Davies this spring/summer, postage free, and get it tabled in the House of Commons.

## 12. CAMPAIGN 2000: SHOW YOUR SUPPORT FOR THE SENATE REPORT ON POVERTY AND HOMELESSNESS

The Senate Report, "In from the Margins: A Call to Action on Poverty, Housing and Homelessness" [http://www.parl.gc.ca/40/2/parlbus/commbus/senate/com-e/citi-e/subsite-dec09-e/Report\\_Home-e.htm](http://www.parl.gc.ca/40/2/parlbus/commbus/senate/com-e/citi-e/subsite-dec09-e/Report_Home-e.htm) was passed unanimously at the end of April and the Harper government has 150 days to respond to it. Campaign 2000 is asking you to show your support by:

- Writing a letter to PM Harper and to Diane Finley, Minister of HRSDC today, urging them to support and implement the recommendations in the report (sample letter available by emailing [liyugu@familyservicetoronto.org](mailto:liyugu@familyservicetoronto.org))
- Joining the Senate Report Facebook Group (1,000+ supporters and growing) and show your support by clicking here: <http://www.facebook.com/group.php?gid=362410128255&ref=search&sid=617871061.3604426013..1&v=info>

## 13. CAMPAIGN 2000: THE 2010 G8/G20 SUMMITS IN CANADA

Campaign 2000 explains that it is important that world leaders hear a strong message from Canadians to end poverty. Campaign 2000 and Make Poverty History are urging the Canadian government to come up with a national plan for poverty reduction with set targets and clear timetables.

English: <http://www.makepovertyhistory.ca/en/campaigns>  
<http://atthetable2010.org/>

French: <http://www.campaign2000.ca/french/index.html>

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## IV. UPCOMING EVENTS

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This section lists events that have not been included in earlier editions of the bulletin or listserv postings. For the details of these events and a complete list of events noted in previous bulletins and postings, including contact information, links to organizations, and descriptions, see <http://www.beststart.org/events/otherevents.php>

### ONTARIO

#### 14. RESILIENCY PROMOTION – BECOME A RIRO TRAINER

August 16-20, 2010: Thunder Bay, ON

Hosted by: Reaching IN...Reaching OUT (RIRO)

Reaching IN...Reaching OUT (RIRO) is an evidence-based training program that teaches adults resiliency skills that they can pass along to young children. Become a RIRO Trainer and join more than 175 of your colleagues who have already offered RIRO skills training in their organizations and

communities to over 3,500 professionals and paraprofessionals. Contact Lynda Banning at the Union of Ontario Indians [banlyn@anishinabek.ca](mailto:banlyn@anishinabek.ca) or call toll free 1-877-409-6850 for a registration form, further information about the trainers' program, and hotel accommodations. Space is limited, so please register early.

## CANADA

### 15. NATIONAL NETWORK FOR ABORIGINAL MENTAL HEALTH RESEARCH (NAMHR) ANNUAL CONFERENCE

June 22-23, 2010: Vancouver, BC

Hosted by: NAMHR

<http://www.namhr.ca/updates.html>

### 16. 5e RENDEZ-VOUS SANTÉ EN FRANÇAIS À CHARLOTTETOWN (in French only)

June 23-25, 2010 Charlottetown, PEI

Hosted by: La Société Santé en français

<http://santefrancais.ca/index.cfm?Voir=menu&M=3045>

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## V. RESOURCES

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### 17. USING NEW MEDIA TO DELIVER SEXUAL HEALTH INFORMATION TO YOUTH

TOHealth is a new text messaging service that provides sexual health information and resources to Toronto youth. Text 'TOHealth' to 365247. (Please note that standard text messaging charges through phone service providers apply.)

[http://www.toronto.ca/health/tphebulletin/oct\\_2009.htm](http://www.toronto.ca/health/tphebulletin/oct_2009.htm)

### 18. TOOL TO PROMOTE THE HEALTH OF PRE-SCHOOL AGE CHILDREN

(available in French only)

Réseau franco-santé du Sud de l'Ontario has developed a tool will help the Francophone community to build its capacity to promote the health of children. It is designed to promote healthy eating and healthy physical activity in children and their parents.

[http://francosantesud.ca/images/stories/2010MaJ/physique\\_scuritaire\\_en\\_dix\\_points\\_flash\\_cards.pdf](http://francosantesud.ca/images/stories/2010MaJ/physique_scuritaire_en_dix_points_flash_cards.pdf)

## RESOURCE FOR SERVICE PROVIDERS

### 19. REZTORE PRIDE HIP HOP ALBUM OF SONGS ABOUT DIABETES

The music CD is an education tool for service providers to help them spread the message about preventing and lessening the negative effects of diabetes in Aboriginal people.

<http://www.rezstorepride.com/>

### 20. MINISTRY OF HEALTH PROMOTION'S GUIDANCE DOCUMENTS AVAILABLE ONLINE

(available in French)

The purpose of the guidance documents is to summarize current evidence to assist boards of health in the implementation of the Ontario Public Health Standards. The guidance documents on the following topics are now available online: child health, child health program oral health, comprehensive tobacco

control, healthy eating/physical activity/healthy weights, nutritious food basket, prevention of injury, prevention of substance misuse, reproductive health, and school health.

English: <http://www.mhp.gov.on.ca/en/healthy-communities/public-health/guidance-documents.asp>

French: <http://www.mhp.gov.on.ca/fr/healthy-communities/public-health/guidance-documents.asp>

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## VI. FEATURED BEST START RESOURCE

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### 21. SLEEP SAFELY BABY!

(available in French)

The messages and graphics on this display about safe infant sleep are consistent with the new resources from the Public Health Agency of Canada. The free standing display measures 33" by 80" but rolls up into a small case. It can be used at health fairs and other events.

English: <http://www.beststart.org/resources/index.html#display>

French: <http://www.meilleurdepart.org/resources/index.html>

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### Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- [OHPE](#) - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>
- [Click4HP](#) - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- [Health Nexus Today](#) - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.healthnexusante.ca/>

In French:

- [French distribution list](#) - The free distribution list offers information in French on maternal, newborn, and child health promotion topics. [http://www.meilleurdepart.org/index\\_fr.html](http://www.meilleurdepart.org/index_fr.html)
- [Le Bloc-Notes](#) - The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>