

MNCHP Network Bulletin



*best start
meilleur départ*

by/par health **nexus** santé

Please note that the next MNCHP bulletin will be released on January 15, 2010.

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I. NEWS & VIEWS

ONTARIO

1. HAPPY HOLIDAYS



CANADA

2. LATEST PRODUCT RECALLS

(also available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Snap Beads by Edushape: Toy may release small parts, posing a choking hazard.
- Wood & Fun Shape Sorter Toy by Canasia: Wooden parts on the truck and boat contain small parts, posing a choking hazard.
- Feather Christmas Tree: Does not meet the Canadian requirements for textile flammability.
- Monday the Bullfrog Plush Bullfrog Toy with Attached Book: Plastic eyes on the bullfrog can detach, posing a choking hazard.
- “Mon livre en tissu-garçon” Cloth Book: Blue shiny plastic-like material used in the cloth book may detach; the small pieces of shiny plastic-like material pose a choking hazard.
- Cake Toy on 1-2-3 Tea for Me Evenflo and ExerSaucer Stationary Activity Centre: Toy flame at the top of the toy candle, on the cake toy, can detach, posing a choking hazard.

English: http://healthycanadians.gc.ca/pr-rp/pr-rp_e.php

French: http://healthycanadians.gc.ca/pr-rp/pr-rp_f.php

INTERNATIONAL

3. NEWBORN INSPIRES MOM TO LOSE 71 POUNDS

Veronica Noone had been a little overweight since she was a teenager. She tried many different diets over the years and was unsuccessful (Almasy, 2009). She explained that when her focus changed from trying to get thin to trying to be healthy and a good example for her son “the weight started coming off”. In the past, she would get really down on herself if she broke a diet because it made her feel like she had failed. Now, “every choice I make is an on-plan choice. If I choose to eat a doughnut, that’s fine. I’m going to eat that doughnut. It doesn’t mean I’m off my diet. I’ll account for that in a later meal. Or I’ll have a lighter dinner” (Almasy, 2009). She credits her success at maintaining her goal weight for four years to her Twitter account where she enters what she eats like a food journal.

http://www.cnn.com/2009/HEALTH/11/02/fn.veronica.noone/index.html?eref=rss_health&utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+rss%2F+cnn_health+%28RSS%3A+Health%29&utm_content=Google+Reader

4. FOR IMPROVING EARLY LITERACY, READING COMICS IS NO CHILD’S PLAY

According Carol L. Tilley, a University of Illinois expert in children’s literature, comics are just as sophisticated as other forms of literature, and children benefit from reading them at least as much as they do from reading other types of books. She explains that a lot of the criticism for comics comes from people who think that children are only looking at the pictures and not putting them together with the words. Tilley argues that you could make the same criticism of picture books and that there has been an increase in the number of comic book-type elements in books for younger children. “There’s also a greater appreciation among both teachers and librarians for what comics and comic books can bring to the classroom. For example, the National Council of Teachers of English sponsors an instructional Web site called ‘Read, Write, Think,’ which has a lot of comics-related material. Instructional units like these would have been much more rare 10 years ago” (ScienceDaily, 2009, November 6).

<http://www.sciencedaily.com/releases/2009/11/091105121220.htm>

II. RECENT REPORTS AND RESEARCH RESULTS

CANADA

5. SOCIAL PARTICIPATION OF CHILDREN WITH DISABILITIES

(also available in French)

Statistics Canada (2009, December 11) released a study from 2006 that looked at the social participation of children with disabilities. The findings indicate 63% of the 125,000 children aged 5 to 14 with disabilities were engaged in some kind of organized sport or other physical activity in 2006 (e.g., soccer, swimming, dancing) and were doing some activity at least once a week. Approximately 54% of children with disabilities took lessons in some type of non-sport interest, or belonged to clubs or community groups, with a large majority doing something every week. There were also about 72% of these children who were linked to their peers through some type of electronic network. The factors that had a positive association with participation of a child with disabilities in organized sports included the parents’ level of involvement in their child’s classroom and school activities, family income, and a child’s place of residence. For example, a child with a disability who lived in an urban area was almost twice as likely to participate than a child who lived in a rural area. A high level of parental support at school was also associated with a child’s participation in non-sport activities but family income did not significantly influence whether a child participated in clubs or other organized non-sport activities.

English: <http://www.statcan.gc.ca/cgi-bin/af-fdr.cgi?!=eng&loc=2009002/article/11024-eng.pdf>

French: <http://www.statcan.gc.ca/pub/11-008-x/2009002/article/11024-fra.pdf>

6. CANADA'S POPULATION ESTIMATES

(also available in French)

Statistics Canada (2009, November 27) released data on Canada's population estimates by age and sex. As of July 1, 2009 Canada's youngest population was in Nunavut, where children aged less than 15 represented 32.1% of the population (compared to 16.9% for Ontario or 16.6% for Canada).

English: <http://www.statcan.gc.ca/daily-quotidien/091127/dq091127b-eng.htm>

French: <http://www.statcan.gc.ca/daily-quotidien/091127/dq091127b-fra.htm>

III. CURRENT INITIATIVES

7. BEST PRACTICES AT FAMILY JUSTICE SYSTEM ENTRY POINTS: NEEDS OF USERS AND RESPONSES OF WORKERS

(also available in French)

This is a notice for people and organizations who have a stake in the Family Justice Reform Project of the Law Commission of Ontario (LCO). The LCO's project specifically focuses on how to improve the Family Justice system when people first contact or enter the system. How do people find help when they have a family crisis? What are their entry points into the family justice system? What information and services do they need at these entry points? Anyone with a story to tell or an opinion to share on how to improve the Family Justice System can go directly to the on-line surveys - one for users of the system and one for people who work or refer people to the family justice system, which can include lawyers, counsellors, health care and social service workers. The deadline for responding is February 1, 2010. Please pass this notice on to people in your network who might be interested in participating in this consultation process.

Survey in English and French: <http://projects.lco-cdo.org/familylawprocess/>

Project web page: <http://www.lco-cdo.org/en/familylawprocessconsultationpaper.html>

French: http://www.lco-cdo.org/fr/index_fr.html

8. ONTARIO WOMEN'S HEALTH NETWORK (OWHN) SEEKING VOLUNTEERS FOR BOARD OF DIRECTORS

(also available in French)

OWHN works with women, health and social service providers, community organizations and others to support equitable, accessible and effective health services for all women in Ontario. OWHN is seeking to enhance its Board of Directors with passionate volunteers who reflect the diversity of women living in Ontario and who share an interest and commitment to enhance women's overall health and mental health within a framework of equality and broad determinants of health. To request more information or to submit a letter of interest and resume please contact OWHN – Board Development at (416) 408-4840 or owhn@owhn.on.ca

IV. UPCOMING EVENTS

This section lists events that have not been included in earlier editions of the MNCHP bulletin or listserv postings. For the details of these events and a complete list of events noted in previous MNCHP bulletins and postings, including contact information, links to organizations, and descriptions, see <http://www.beststart.org/events/otherevents.php>

ONLINE**9. OVERVIEW OF HEALTH COMMUNICATION**

January 7 and 12, 2010: Online

Hosted by: The Health Communication Unit (THCU)

<http://www.thcu.ca/events/index.cfm>

10. EVALUATING HEALTH PROMOTION PROGRAMS AT A GLANCE

January 13, 2010: Online

Hosted by: The Health Communication Unit (THCU)

<http://www.thcu.ca/events/index.cfm>

11. OVERVIEW OF SUSTAINABILITY

January 25, 2010: Online

Hosted by: The Health Communication Unit (THCU)

<http://www.thcu.ca/events/index.cfm>

12. SOCIAL DETERMINANTS OF HEALTH AND PHYSICAL ACTIVITY

February 3, 2010: Online

Hosted by: Physical Activity Resource Centre

[https://event-](https://event-wizard.com/secured/EWV3.01/Forms/reg1.asp?ClientCode=opheaconf&Ecode=wtwparc2009&Lang=English)

[wiz](https://event-wizard.com/secured/EWV3.01/Forms/reg1.asp?ClientCode=opheaconf&Ecode=wtwparc2009&Lang=English)
[ard.com/secured/EWV3.01/Forms/reg1.asp?ClientCode=opheaconf&Ecode=wtwparc2009&Lang=English](https://event-wizard.com/secured/EWV3.01/Forms/reg1.asp?ClientCode=opheaconf&Ecode=wtwparc2009&Lang=English)

13. UNDERSTAND YOUR ORGANIZATION'S FINANCIAL STATEMENTS AND PROTECT AGAINST FINANCIAL RISK

February 11, 2010: Online

Hosted by: Ontario Healthy Communities Coalition

<http://www.ohcc-ccso.ca/en/webinars>

14. HOW TO KEEP YOUR ORGANIZATION'S CULTURE FROM GETTING IN THE WAY OF SUCCESS

March 11, 2010: Online

Hosted by: Ontario Healthy Communities Coalition

<http://www.ohcc-ccso.ca/en/webinars>

ONTARIO**15. PLAY-BASED LEARNING IN THE EARLY YEARS**

April 16, 2010: Burlington, ON

Hosted by: eye on Early Years Education Ontario Network

For more information contact Aimee Wolanski by phone at (905) 890-1010 ext. 2613 or

aimee.wolanski@peelsb.com

CANADA**16. MIYO MACHIHOWIN: NATIONAL ABORIGINAL HEALTH CAREERS CONFERENCE AND TRADESHOW**

March 11-12, 2010: Edmonton, AB

Hosted by: Native Women's Association of Canada

<http://www.nwac.ca/en/index.html>

17. 3RD BIENNIAL CONFERENCE ON BRAIN DEVELOPMENT AND LEARNING: MAKING SENSE OF THE SCIENCE

July 16-20, 2010: Vancouver, BC

Organized by: Dr. Adele Diamond

<http://www.interprofessional.ubc.ca/bdl.html>

18. ASSOCIATION OF WOMEN'S HEALTH, OBSTETRIC, AND NEONATAL NURSES (AWHONN): BRIDGING THE WORLDS OF PRACTICE, RESEARCH, AND EDUCATION

October 14-16, 2010: Montreal, QC

Hosted by: AWHONN

Call for abstracts deadline: March 12, 2010.

<http://www.awhonncanada.org/site/awhonn/index.php?page=2149>

V. RESOURCES

19. FOR PARENTS - BREASTFEEDING: MORE THAN LOVING CONTACT

(also available in French)

This resource provides information for parents about the benefits of breastfeeding. It includes an overview of key things that make breastfeeding easier and tips for mothers.

English: <http://www.child-encyclopedia.com/pages/PDF/BreastfeedingANGmcP.pdf>

French: http://www.enfant-encyclopedie.com/pages/PDF/Allaitement_maternelFRmcP.pdf

20. FOR ABORIGINAL PARENTS - BREASTFEEDING: MORE THAN LOVING CONTACT

(also available in French)

This resource provides information for Aboriginal parents about the benefits of breastfeeding. It includes an overview of key things that make breastfeeding easier and tips for mothers.

English: <http://www.child-encyclopedia.com/pages/PDF/Breastfeeding-AboriginalANGmcP.pdf>

French: http://www.enfant-encyclopedie.com/pages/PDF/Allaitement_maternel-AutochtoneFRmcP.pdf

21. PARENTS FOR HEALTH WEBSITE

The Canadian Cancer Society (2009) announced the launch of their website "Parents for Health". This interactive website has been developed with parents in mind. It aims to engage parents in a new conversation about cancer by providing them with tools and resources on a variety of health topics that affect their children that can help them make informed choices. The ultimate goal is for children to become engaged in healthy behaviours now, so that they can reduce their risk of developing cancer later in life. As well, forming healthy habits at a young age is easier to sustain as an adult.

<http://parentsforhealth.ca/>

VI. FEATURED BEST START RESOURCES

22. HEALTH FAIRS AND PRECONCEPTION, PRENATAL, AND CHILD HEALTH

This manual shares information on the effectiveness of a variety of types of health fairs. It also provides strategies for service providers who wish to organize a health fair and offers a number of local stories on various types of health fairs.

<http://www.beststart.org/resources/howto/index.html>

VII. JOB POSTING

23. SENIOR POLICY ADVISOR: MINISTRY OF CHILDREN AND YOUTH SERVICES

(also available in French)

The senior policy advisor will manage child and youth mental health projects, including policy development in the implementation of A Shared Responsibility: Ontario's Child and Youth Mental Health Policy Framework. The closing date for this position is Tuesday, January 5, 2010.

English: <http://www.gojobs.gov.on.ca/Preview.aspx?JobID=23182>

French: <http://www.gojobs.gov.on.ca/Preview.aspx?Language=French&JobID=23182>

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Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- [OHPE](http://www.ohpe.ca/) - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>
- [Click4HP](https://listserv.yorku.ca/archives/click4hp.html) - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- [Health Nexus Today](http://www.blogs.opc.on.ca/) - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.opc.on.ca/>

In French:

- [French distribution list](http://www.meilleurdepart.org/index_fr.html) – The free distribution list offers information in French on maternal, newborn, and child health promotion topics. http://www.meilleurdepart.org/index_fr.html
- [Le Bloc-Notes](http://leblocnotes.ca/) – The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>