



Preterm Labour:

Labour that starts before 37 weeks of pregnancy

- Babies that are born too early are more likely to have health problems
- Preterm labour can happen to anyone
- Know the symptoms of preterm labour

Talk to your doctor or midwife for information.

**best start
meilleur départ**

Ontario's maternal, newborn and early child development resource centre

Centre de ressources sur la maternité, les nouveau-nés et le développement des jeunes enfants de l'Ontario