

:: SAVE THE DATE ::

Best Start Resource Centre 2010 Annual Conference



February 17 – 19, 2010

Hilton Suites Toronto/Markham
Conference Centre & Spa

The Best Start Resource Centre team is pleased to announce our 2010 annual conference. The conference addresses preconception through to child health and explores sessions relevant to your work and areas of interest.

Acquire the latest information, learn innovative strategies and programs, and meet new colleagues.

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REGISTER AT: www.beststart.org

We look forward to seeing you in February 2010!

Early Bird Registration Closes January 8 – Don't Miss Out!

Best Start Resource Centre: 2010 Annual Conference

ACCOMMODATIONS

Conference delegates are responsible for booking their own accommodations. A block of rooms is reserved at Hilton Suites Toronto/Markham Conference Centre & Spa at a special rate of \$159 for single, double, or triple occupancy. To reserve a room with the special rate, please book your room online at

Hilton Suites Toronto/Markham Conference Centre & Spa

<http://www.hilton.com/en/hi/groups/personalized/YYZAPHF-HEA-20100216/index.jhtml>

or

call 1-905-470-8500 / 1-800-668-8800.

Please state that you are attending the Best Start Resource Centre Annual Conference by Health Nexus.

PLEASE NOTE:

All delegates are responsible for notifying the Hilton Suites Toronto/Markham Conference Centre & Spa about changes in travel plans. The Best Start Resource Centre is not responsible for any room charges or room cancellation fees.

PARKING

Free parking is available at Hilton Suites Toronto/Markham Conference Centre & Spa. Overnight guests must bring their license plate numbers when they check in.

SUBMIT A REQUEST FOR EXHIBIT SPACE: THURSDAY, FEBRUARY 18 AND FRIDAY, FEBRUARY 19

Limited exhibit space will be available on Thursday, February 18 and Friday, February 19. If you are interested in submitting a request for space to display your program or resources, please contact Sabrina Moella at 1-800-397-9567 ext. 2260. There is an exhibit fee of \$75 for non-profit organizations.

CANCELLATION POLICY

Notification of cancellation and requests for refunds must be submitted in writing before **January 29, 2010**. Refunds will be subject to a \$50.00 administration fee. No refunds will be issued for cancellations received after January 29, 2010.

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Best Start: Ontario's Maternal, Newborn and Early Child Development Resource Centre

c/o Health Nexus 180 Dundas Street West, Suite 1900, Toronto, ON M5G 1Z8

Phone: 416.408.2249 or 1.800.397.9567 • Fax: 416.408.2122 • Email: beststart@beststart.org • www.beststart.org

▶ Print and mail or fax this completed form.

Registration Form

Date _____ ID number : _____
 (For admin purposes)
 Name _____ Title _____
 Organization _____
 Address _____
 City _____ Prov _____ Postal Code _____
 Phone _____ Fax _____ Email _____

- PC1** Promotion of Healthy Social Emotional Development and Prevention of Pre-school Bullying
- OR**
- PC2** Healthy Babies Healthy Children: Reserve your day! It's for you! (only open to Healthy Babies Healthy Children Public Health Nurses)

Thursday, February 18, 2010

10:30am to 12:30pm (please indicate, first, second, and third choice):

- A1** The Canadian Guidelines for Sexual Health Education
 - A2** Management of Nausea and Vomiting of Pregnancy-Evidence Based Counseling
 - A3** Do you know the ABC's of Safe Sleep?
 - A4** Engaging Today's Parents in a Prenatal and Parenting Education Program: Lessons Learned
 - A5** Red Flags or On Track: Supporting Healthy Child Development and Early Identification in 0 - 6 year olds
 - A6** Through the Eyes of a Child: First Nation Children's Environmental Health
 - A7** Get In the Loop! Engaging Children Through Play
- First choice:
 Second choice:
 Third choice:

2:45pm to 4:45pm (please indicate, first, second, and third choice):

- B1** Newborn Screening in Ontario: A Review and Update for Health Care Providers
 - B2** Is He Still Nursing? - Supporting Women Who Breastfeed Past 6 Months
 - B3** Children Living in a Digital World
 - B4** Using Cultural Knowledge to Help Empower Aboriginal Parents in Raising Healthy Children
 - B5** Building Physical and Health Literacy: A Renewed Vision for Health and Physical Education in Ontario
 - B6** Early Childhood and the Crisis in Oral Health
 - B7** Fitting Fathers In. Key Ideas from Research and Promising Practices in Working with Dads
- First choice:
 Second choice:
 Third choice:

Friday, February 19, 2010 - 10:30am to 12:30pm

Morning workshop (please indicate, first, second, and third choice):

- C1** Creating Safer Space for Women Who Have Experienced Trauma as They Transition to Mothering
 - C2** Teach a Parent > Reach a Child: Integrating a Family Literacy Approach in the Early Years
 - C3** Physical Activity for 2-5 Year Old Children: Have a ball together!
 - C4** Preventing Inflicted Infant Head Trauma: A Best Practice Implementation
 - C5** Ready or Not? Strategies to Promote School Readiness in Your Community
 - C6** Using First Nations Teachings and Ceremonies to Promote Bonding and Attachment Between Parents and Babies
 - C7** Engaging Fathers
- First choice:
 Second choice:
 Third choice:

Evening Networking Events - Thursday, February 18, 2010 (Choose One)

- Aboriginal Networking Session - 5:30 pm - 9:00 pm (Add \$12 to your conference fee to attend this session)**
- The French Connection 5:00 pm - 6:00 pm**

Special Requirements:

Meals _____
 Accessibility _____
 Other _____

Conference Registration Fee - Feb. 18 and Feb 19

- Early Bird Registration (before Jan. 8) \$265.00
- Regular Registration (after Jan. 8) \$315.00
- One day rate (Feb. 18 or Feb. 19) \$185.00
- Student Rate (full conference) \$215.00

Pre-conference Session - Feb. 17

- Early Bird Registration (before Jan. 8) \$140.00
- Regular Registration (after Jan. 8) \$165.00
- Student Rate \$115.00
- Aboriginal Networking Session \$12.00**

TOTAL FEE: (pre-conference + conference) + Networking \$ _____

Registration includes continental breakfast and lunch. Payment must accompany registration.

Registration deadline is Friday, January 29, 2010

Method of Payment: Enclosed cheque Enclosed money order VISA Mastercard

Name of card holder _____

Card number _____ Expiry date _____

Signature _____ Date _____

Make cheques payable to Health Nexus and send to:
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